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Finding Connection After Loss: Camp Widow® Returns to Toronto in May 2026

Toronto, ON – March 2026 – After losing a partner, many people say the hardest part isn't just the grief – it's feeling like no one around them truly understands. Across Canada, that experience is common: nearly half of people report feeling unsupported while grieving. A national event returning to Toronto this spring is helping to change that.

Soaring Spirits Canada has announced the return of **Camp Widow® Toronto**, part of its growing national effort to support widowed people across the country. The event will be held **May 29–31, 2026**, at the Delta Hotels Toronto Airport & Conference Centre. For the first time, a second Canadian event will be held in Calgary, September 25-27, 2026.

"Expanding Camp Widow to a second Canadian city was the main impetus behind Soaring Spirits Canada's inception five years ago. I am incredibly proud of the team that turned our early vision into a reality and can't wait to see our programming grow to other Canadian cities," says Jodi Skeates, Vice-Chair and founding director of Soaring Spirits Canada.

Each Camp Widow® weekend features:

- Practical and supportive workshops tailored to every stage of widowhood
- Inspiring keynote speakers
- Peer conversations and shared experiences
- Creative activities for healing
- Social time, including a banquet and farewell breakfast
- Opportunities for lifelong friendships with others who truly understand the grief journey

Soaring Spirits Canada embraces a broad definition of widowhood, welcoming anyone who has lost the person they expected to share their life with. Hundreds of widowed Canadians have already found hope and healing through these programs.

Soaring Spirits Canada also offers ongoing support beyond the event through online programs and regional meetups. The organization also offers support beyond the weekend through online groups and local gatherings.

Quotes from our 2025 campers:

"Thank you for creating a safe/brave space to explore new ideas and tools for healing."

"VERY helpful! So helpful to talk about this reality that makes so many people in my circle uncomfortable."

"Great session that gives hope after loss, along with some realities that go along with re-partnering."

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Soaring Spirits Canada

Camp Widow® is the only such program of its kind. It covers all stages of widowhood and is open to all widowed people, including those not legally married, LGBTQ+, widowed by suicide, widowed with or without children, people of all faiths and those with no religion.

Registration is now open, and spots are expected to fill quickly. Whether they have been to camp before or are coming for the first time, widowed people will find caring friends, experienced guides, and plenty of laughter and hope.

Camperships and subsidized registration options help remove financial barriers to participation. Financial assistance in the form of a Campership is available to help ensure accessibility.

Registration - <https://soaringspirits.ca/camp-widow/camp-widow-toronto/>

- **Full-Fee Registration: \$700**

This is the actual cost per widowed person. If you have the financial means to join us at this rate, we would be grateful for you to do so.

- **Organization Subsidized Registration: \$525**

The subsidized rate is available to anyone.

- **Additional Registration Assistance (Camperships):**

Campership registration information is available on our website.

Registration includes access to two full days of workshops on Friday and Saturday; the Friday evening Welcome Reception and activity; admission to the Saturday morning keynote address; the Soaring Spirits' Saturday night gala; the Sunday morning closing workshops; and the Farewell Breakfast.

Media Contact:

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Together, we ensure no widowed person has to grieve alone.

About Soaring Spirits Canada:

[Soaring Spirits Canada](http://www.soaringspirits.ca) was started in November 2019 to create a dedicated support community for people grieving. This part of our society is often overlooked and lacks sufficient tools, resources, or programming. Soaring Spirits Canada is under the umbrella of Soaring Spirits International. We share the same mission and vision in our support of widowed people in Canada. Soaring Spirits Canada is a registered Canadian charity. Our charitable registration number is 7983 38463 RR0001.